

JOB DESCRIPTION

Higher Specialist Training Post in Psychiatry (ST4-6) KSS

Name of Trainer	Dr Rosarii Harte
Type of Post /Speciality of Placement	Crisis Resolution & Home Treatment Team
Name of Trust	Kent & Medway NHS Trust
Location	St Martin's Hospital, Canterbury, Kent
Main Speciality Commitment Of Trainer	Acute General Adult Psychiatry
Other Specialty Commitment Of Trainer	Medical Management and Service Development (Assistant Medical Director)

Details of Placement

The North East Kent Crisis Resolution Home Treatment Team (NEKCRHTT) covers Canterbury, Coastal (Whitstable and Herne Bay) and Thanet (Margate, Broadstairs, Ramsgate) regions, which has a population of approximately 275,000.

The main functions of NEKCRHTT are to provide a gate-keeping role into the In Patient Unit, to facilitate Early Discharge from the Wards and to provide Home Treatment for patients with acute illness as an alternative to In Patient treatment.

The Team works 24 hours/7 days a week and consists of a Consultant Psychiatrist, a Higher Specialist Trainee (ST4-6), a Team Manager, a Team Leader, 16 Nurses (mostly Band 6), 5 Support Workers, 2 OTs and a Secretary.

Role and Responsibilities of the Trainee (ST4-6)

- Assessment, diagnosis and treatment plans for patients referred to the NEKCRHTT
- Formulation of review of treatment plans, mental state examination, including risk assessment of clients. This would normally be at patients' home, but could be in other settings, to accommodate patient's preference
- Maintain good communication with other members of the Team and liaise with colleagues in other parts of the Service to ensure continuity of care for clients
- Support and education to carers of clients who are being home treated
- Assessment of In Patients for Early Discharge and liaison with In Patient colleagues. There is also opportunity to do In Patient work during this Placement if this is identified as a need for the Trainee

On Call Duty Rota

- The ST4-6 will take part in the Senior On Call Rota for East Kent part of the Trust
- The frequency of On Call is **1:15**, Banding **1B**
- On Call work involves supervision and advice to Junior Doctors and MHA assessments in the Community and Section 136 Assessments at St Martin's Hospital

Academic Activities

1. The ST4-6 has an opportunity to take part in either the weekly CPD Session for Consultant or weekly in-house Junior Doctor Academic Activities both based at St Martin's Hospital
2. There is opportunity to undertake teaching and training of Medical Students and Junior Doctors, attached to the Team
3. Trainee will have two Sessions a week to pursue Special Interest of his/her choice including research activities

Management Activities

- A. There is opportunity to Lead a clinical audit, service evaluation or development project. The project undertaken can be facilitated by the involvement of Junior Doctors which allows the Trainee an opportunity to supervise them. The Trainer will offer regular supervision to the St4-6 Trainee
- B. There will be an opportunity to shadow the Trainer during her Management sessions
- C. The Trainee is actively encouraged to be involved in the operational management of the Team if this is identified as one of their Objectives. This would be of particular interest to ST6 Trainees

Supervision

One hour weekly educational supervision with Trainer and clinical supervision available on a daily basis, if needed

TRAINEE TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M.	Clinical Work	Special Interest	Clinical Work	CPD Event / Management	Clinical Work
1.30 – 2.30 p.m.	Team Meeting		Team Meeting		Team Meeting
P.M.	Admin. / Emergency	Special Interest	3.00 – 4.00 p.m. Educational Supervision	Clinical Work	Admin. / Emergency

H:Rosarii/2011/JDs/ Higher Specialist Training Post in Psychiatry
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