UKFPO Bulletin
Wednesday 20th August 2019

Announcements from UKFPO:

➢ UKFPO are inviting clinicians to take part in developing a digitised SJT.

➢ Follow us on Twitter and Facebook for regular updates and news.

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Upcoming Key Dates/Events

<table>
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<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Invitation for SJT Input</td>
<td>Now – Jan 2020</td>
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<tr>
<td>Getting into oral and Maxillofacial Surgery Seminar</td>
<td>21st September</td>
</tr>
<tr>
<td>Medical Education Evening</td>
<td>26th September</td>
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<tr>
<td>BSACI Annual Conference</td>
<td>3rd-5th October</td>
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<tr>
<td>Frontiers of Research Conference</td>
<td>5th October</td>
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<tr>
<td>Sexual Health and HIV taster day</td>
<td>7th October</td>
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<tr>
<td>Career in Anaesthesia Information Day</td>
<td>9th October</td>
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<tr>
<td>South West Psychiatry Autumn School Event</td>
<td>10th-11th October</td>
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<tr>
<td>National Foundation Doctors Presentation Day</td>
<td>10th January 2020</td>
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<tr>
<td>COPMeD Careers Conference</td>
<td>28th February 2020</td>
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</tbody>
</table>

Your feedback on the bulletin/ UKFPO website would be greatly appreciated: helpdesk@foundationprogramme.nhs.uk

Please email by 24/08/19 if you would like to submit an item for the next bulletin publication.
UK Foundation Programme Request for SJT Input

Dear F1, F2, Academic doctors and Senior Clinicians,

We are modernising the way we conduct the SJT by moving to a digital platform and need your help to develop the SJT question bank. By getting involved, you will be able to influence the direction of the test, and the attributes and behaviours that we assess in our future foundation doctors.

We are particularly keen to engage our past and present F2 doctors, especially those with an interest in Medical Education and Leadership. We believe this is a great opportunity to take a vested interest in the future of healthcare in the UK and those who will follow in your footsteps.

We appreciate this is yet another demand on your limited time, but the reputation of the UK Foundation Programme relies on a fair and transparent recruitment process, that attracts and identifies the best doctors of tomorrow and we firmly believe that the question selection process is best guided by you.

Kind regards,

Dr Tom Yapp, UKFPO Specialist Advisor (Recruitment)
Dr Mike Masding, Chair of Foundation School Directors’(FSD) Committee

How you can get involved

There are a number of stages to the project, many of which require the input of volunteers (F1/ F2/ Academics/ Senior Clinicians/ Representatives from BMA and GMC)

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Dates</th>
<th>Interviewees / Attendees required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Item development for main pilot</td>
<td>Full day item writing workshop in person During the workshop, a trained item developer will introduce you to SJT item writing principles and in pairs, you will write a number of items. A trained item developer will refine the items further following the item writing workshop.</td>
<td>September 2019</td>
<td>60-70 attendees will be required, across 6 different workshops (10-12 in each)</td>
</tr>
<tr>
<td>Item review for main pilot</td>
<td>Full day item review workshop in person The aim of review workshops is for SMEs to discuss and review SJT items for relevance and fairness, and to reach agreement on the order of correct answers. The review workshop is facilitated by a trained item-writer.</td>
<td>October 2019</td>
<td>40-50 attendees will be required, across 4 different workshops (10-12 in each)</td>
</tr>
</tbody>
</table>

Please contact Jo Hasse to let us know which stages you are interested in. Dates are approximate, so when you have registered interest, we will follow up to confirm that the date/time is convenient for you.

fy1sjt@workpsychologygroup.com
T: +44 (0)1332 295687
**UKFP E-portfolios Update**

Reminder of key changes in UK FP E-portfolios:

- **Curriculum mapping limits**
  - Each portfolio item can be linked to maximum 5 foundation professional capabilities (FPCs)
  - Each FPC can have maximum 5 portfolio items mapped to it

- **Mandatory teaching log**
  - All foundation doctors have to log mandatory teaching in their e-portfolio
  - Teaching should be logged rounded to the nearest half hour
  - Refer to local guidance for the process in your e-portfolio (Horus (England) or Turas (Scotland, Wales, Northern Ireland))

- **Updated forms**
  - Reflection (brand new design)
  - Induction meeting with CS (additional questions)

- **New forms**
  - “LEARN” (supervised learning event (SLE))
  - “LEADER” (formative leadership development)
  - “General meeting” (for FTPDs/supervisors)

- A summary of key changes presentation is on the [UKFPO website](https://www.ukfpo.org.uk). Up to date guidance on all key e-portfolio forms is on the [UKFPO Curriculum webpage](https://www.ukfpo.org.uk).

**National foundation e-portfolio user group meeting (“eTAG”)**

- The next meeting of eTAG is on 8 October 2019.

- Any suggestions for enhancements, additions, nice-to-haves, ideas for improvement, cosmetic changes, etc should be reported to your local foundation school team/eTAG representative.

- The eTAG meets twice a year (January and October) to discuss such feedback and make recommendations for future e-portfolio developments (relevant to both UK FP e-portfolios).

**September 2019 update – Foundation e-learning programme**

The Foundation e-learning programme has been developed specifically for Foundation doctors by the Academy of Medical Royal Colleges in partnership with Health Education England e-Learning for Healthcare (HEE e-LfH) and is approved by UKFPO.

Do you need to complete parts of the curriculum on your e-portfolio which you do not cover in day-to-day practice? If so, why not try some of our free e-learning mapped directly to the Foundation Professional Capabilities (Training Outcomes) in the 2016 Foundation Curriculum.

The e-LfH sessions in the Foundation e-learning programme:

Professional Capability: 15 Is trained and manages cardiac and respiratory arrest; this is about knowing when not to resuscitate and how to manage this, particularly in relation to discussions with a patient and their family. The second session covers the management of issues surrounding...
a patient with possible tuberculosis and what to think about when considering appropriate respiratory isolation.

Sessions:
Medication History Taking and Prescribing on Admission
Discussing ‘Do Not Attempt CPR’ Decisions
Infection Control: Air and Blood Borne Pathogens
Enabling Smoking Cessation
Risk Factors in Disease Screening
Health Needs, Demands and Resource Management of Substance Misuse
Management of Alcohol Misuse
Managing Obesity: Guiding and Enabling Behaviour Change
Alcohol Facts
Alcohol IBA – Assessment
Bereavement Process

Professional Capability: 16
Demonstrates understanding of the principles of health promotion and illness prevention; this describes the risk factor for diseases with sessions on smoking, substance misuse, alcohol, and lifestyle.

Professional Capability: 17 Manages palliative and end of life care; this is aimed at helping doctors to develop the skills and understanding they need to give dying patients and their families care and comfort in their grief. It also considers the diversity of patients met in practice and identifies key cultural, spiritual and religious feelings and rituals.

To access the e-learning programme use the login supplied by e-LfH at the beginning of your foundation training: https://www.e-lfh.org.uk/programmes/foundation-programme/.

** Core Surgical Training Interview**

We are delighted to announce that the 2nd Annual Core Surgical Training Interview Course at King’s College London are officially accepting doctors for this November’s course; this year being held on the 16th November 2019.

Last year’s course proved to be highly successful with most candidates receiving one of their top 3 jobs, including themed and London jobs. We are delighted to welcome these doctors back to help provide useful guidance for this year’s candidates.

The format will remain standard, with a day of lectures and mock interviews with high faculty numbers to create a realistic interview experience and give detailed feedback. Further information and advice will be given to those interested in joining us for this course. We accept doctors from any background, encouraging F1s and F2s, as well as anyone hoping to apply for Core Surgical Training.

For further information please contact the course chairman akahluwalia@doctors.org.uk.
**Seminars, Conferences, Information Sessions and Events **

**Getting into Oral and Maxillofacial Surgery**

Come along to hear talks from trainees, consultants and senior staff

- **Presentations:** Subspeciality Spotlights (09.30-11.45)
  - Oncology
  - Reconstruction
  - Trauma
  - Craniofacial/ cleft
  - Academia and research
  - Advanced clinical practice

- **Hands on Workshops and Q+A session** (11.45-14.00)
  - Suturing
  - Trauma assessment
  - Plating
  - Airway management
  - Skin grafting
  - Head and neck nursing

- **Drop in Q+A’s**
  - Applying for second degrees
  - Getting into head and neck nursing
  - Interview tips and tricks

Open to all students (medical, dental and nursing), Foundation years Drs , DCTs and Core Surgical Trainees

**Saturday 21st September 2019**

9.30am – 2.00pm

Postgraduate Centre, Leeds General Infirmary

Due to limited places, please email: maxfaydayleeds@gmail.com if you would like to attend
Free Medical Education Evening Seminar

Personality assessment in healthcare

Lyn Dale, Assessment Psychologist and Senior Assessment Manager for the Cambridge Personal Styles Questionnaire

Register online at Eventbrite

26 Sept 2019, 5-7pm
UCL Bloomsbury Campus
TBC
The Birmingham Academic Medicine Society is proud to announce our upcoming national conference 'Frontiers of Research: An Inspire Conference on Translational and Innovative Medicine' on the 5th of October 2019 to be held in the University of Birmingham Medical School. We would like to invite all undergraduate Medical and Dental students and junior doctors to attend this event.

The conference provides a range of interesting talks by experts in their field and a number of workshops focusing on some of the key areas for a successful academic medicine career. This conference is a wonderful opportunity to present your work as posters, compete for oral presentations and win prizes! You can also network with academics to gain insight into your career aspirations.

Conference registration is NOW OPEN. Registration for the conference is essential to attend. Abstract submissions have now closed.

Please use the following link for Registration: Registration

Please follow us on Facebook (https://www.facebook.com/UBMSBAMSSoc/) for regular updates.

Contact us on inspireconference2019@gmail.com with any queries.
Sexual Health & HIV specialist training taster day 2019
Are you a Foundation Year or Core Medical Training Doctor? Would you be interested in a career in sexual health and HIV?

Please join us for a day of talks aimed to give trainees an overview of the speciality, particularly for those who have not had any sexual health or HIV placements.

- Learn about the specialty, service developments and future medical workforce requirements
- A day in the life of a Sexual Health and HIV Consultant
- Understand training requirements, the curriculum and how it is delivered
- Learn about research opportunities and OOPEs abroad
- Informal discussions with Programme Directors, Educational Supervisors and current sexual health and HIV trainees
- Discuss topical sexual health matters and HIV scenarios

Monday 7th October 2019 HEE London & South East Stewart House, Russell Square, London 0930-1630 (approx.) Lunch and refreshments will be provided.
Registration and admission is free. Places are limited – please apply for study leave and click here to register.

For any queries please contact:
Alison Barbour
Consultant HIV & Sexual Health
Croydon University Hospital

abarbour@nhs.net
A Career in Anaesthesia
9 October 2019

Venue: Royal College of Anaesthetists, London
Registration: £75 (£60 for RCoA members)
Clinical Content Leads: Dr Tom Dawes

Are you a medical student or foundation year doctor and considering a career in anaesthesia? The Royal College of Anaesthetists is holding a half-day information session for those who want to find out more about the specialty. This day will focus on the general aspects of a career in anaesthesia, providing an insight into life as a trainee and consultant anaesthetist. There will be opportunities to ask questions throughout the day.

Sessions will include
• life as an anaesthetic trainee
• intensive care medicine
• pre-hospital medicine
• recruitment and application processes
• the future of anaesthesia and the skills required

“Great opportunity to hear about current trainees’ experiences and to de-mystify the application process”

“Informative event with the opportunity to talk to anaesthetic trainees from different backgrounds about what it is like to apply for a work as an anaesthetic/ACCS trainee”

Book Now
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker/Location</th>
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<tbody>
<tr>
<td>09.00-09.30</td>
<td>REGISTRATION AND REFRESHMENTS</td>
<td></td>
</tr>
<tr>
<td>09.30-09.35</td>
<td>Welcome</td>
<td>Dr Thomas Dawes, Brighton</td>
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<tr>
<td>09.35-09.45</td>
<td>Introduction</td>
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<tr>
<td>09.45-10.00</td>
<td>Life as an anaesthetic trainee</td>
<td>Dr Emma Finlay</td>
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<tr>
<td>10.00-10.15</td>
<td>The training programme and support</td>
<td>Dr Ted Rees, Gloucester</td>
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<tr>
<td>10.15-10.30</td>
<td>Intensive care medicine</td>
<td>Dr Peter Anderson, Brighton</td>
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<tr>
<td>10.30-10.45</td>
<td>Pre-hospital medicine/ACCS anaesthetics</td>
<td>Dr Nicky White, London</td>
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<tr>
<td>10.45-11.00</td>
<td>REFRESHMENTS</td>
<td></td>
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<tr>
<td>11.00-11.40</td>
<td>Q&amp;A group session with current anaesthetic trainees</td>
<td>Faculty</td>
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<tr>
<td>11.40-12.10</td>
<td>Recruitment and application process</td>
<td>Mr James Hughes, West Midlands</td>
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<td>Dr Caroline Evans, Cardiff</td>
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<tr>
<td>12.10-12.40</td>
<td>Q&amp;A – recruitment and application</td>
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<tr>
<td>12.40-13.10</td>
<td>Interview session</td>
<td>Dr Ellie de Sausmarez</td>
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<tr>
<td>13.10-13.25</td>
<td>The future of anaesthesia, skills required and life as a consultant</td>
<td>Dr Chris Carey, Brighton</td>
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South West Psychiatry Autumn School

10th-11th October 2019

Are you a junior doctor keen to learn more about a career in psychiatry?

This FREE event will give you a valuable insight into the specialty, with a packed programme of tutorials, workshops and networking opportunities.

Highlights
- Find out what life is like as a core trainee, higher trainee & consultant
- Top tips on the application process
- Research in psychiatry
- Meet current trainees and consultants from a range of sub-specialties
- A psychiatry drama performance
- History of psychiatry and museum tour
- Evening social event

The event will be held at The Vassall Centre, Gill Avenue, Bristol, BS16 2QO

To book please email: bristolautumnschool@gmail.com (deadline for applications 20/09/19)

This event has been made possible by the kind support of the Royal College of Psychiatry and the Severn Deanery.
SAVE THE DATE!

COPMeD Careers Conference:
Valuing our doctors in training

When: Friday 28th February 2020
Where: The Sage, Gateshead

Speakers and workshops to be confirmed.
If you have any questions please contact:
careers.ne@hee.nhs.uk
### EVENING MEDICAL UPDATES

Our Evening Medical Updates (EMU) programme is primarily for trainees but is open to all hospital doctors, GPs, healthcare professionals and medical students at any stage of their career with an interest in the topic.

#### 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>SEPT 24</td>
<td>Unconscious patient</td>
</tr>
<tr>
<td>OCT 29</td>
<td>Cardio-respiratory arrest</td>
</tr>
<tr>
<td>NOV 19</td>
<td>Fever</td>
</tr>
<tr>
<td>DEC 10</td>
<td>Acute back pain, weakness and paralysis</td>
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#### 2020

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>JAN 28</td>
<td>Jaundice</td>
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<tr>
<td>FEB 25</td>
<td>Keeping up with modern medicine</td>
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<tr>
<td>MAR 24</td>
<td>Cough</td>
</tr>
<tr>
<td>APR 28</td>
<td>Blackout/collapse</td>
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<tr>
<td>MAY 26</td>
<td>Rash, limb pain and swelling</td>
</tr>
<tr>
<td>JUNE 23</td>
<td>Medicolegal challenges</td>
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All EMUs are held on a **Tuesday** evening and are **free** at the College or at one of over 160 live stream sites. Visit our website for a full list of sites: [events.rcpe.ac.uk/emu](http://events.rcpe.ac.uk/emu)

To set up a new live stream site, contact Kate Hollier – k.hollier@rcpe.ac.uk

For other enquiries, contact Josiane Kirk – j.kirk@rcpe.ac.uk

If you missed an EMU or want to watch again, RCPE Members can catch up online: [learning.rcpe.ac.uk](http://learning.rcpe.ac.uk)

Membership is free for medical students and foundation doctors.

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The Royal College of Physicians of Edinburgh Education & events programme can be found here: [Education and Events programme 2019-2020](http://Education and Events programme 2019-2020)