



FOUNDATION PROGRAMME CURRICULUM (2016) RESOURCE

This additional resource aims to assist foundation doctors, clinical supervisors, educational supervisors and other key members involved in delivering foundation training, in improving their knowledge and understanding of the generic and clinical topics as set out in the foundation programme curriculum 2016; it is important to note however, that this resource does not provide additional information underpinning every element of becoming a successful doctor. This resource is not exhaustive but highlights national guidance and protocols available to support each of the curriculum's foundation professional capabilities.

There is a wealth of resources available to help consolidate and develop knowledge and skills to deliver safe and effective patient care. This resource lists many of those freely available evidence-based resources.

With helpful web links and guidance notes, it draws on a range of sources including e-Learning for Healthcare (e-LfH), British Medical Journal (BMJ) and Drs.net.

We hope that you find this additional resource helpful and that it adds value to your training.

The UKFPO are committed to ensuring that this resource is as up-to-date as possible. If you are aware of any expired links within the resource or wish to highlight any other free guidance that could be included please email:

helpdesk@foundationprogramme.nhs.uk

This document is intended as an interactive web resource. Printing is not advisable as the resource is updated on a regular basis.

Last updated September 2016

1. Professional behaviour and trust

2. Communication, team working and leadership

3. Clinical care

4. Safety and Quality

Section 1: Professional behaviour and trust

1. Professional behaviour and trust

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(1) Acts professionally

This topic is covered by an e-LfH training session. Please log into your e-LfH account (<http://portal.e-lfh.org.uk/>) and search for session codes:

Professional behaviour:
Handling Complaints (000-1047)

This topic is covered by a Drs.net training session. Please click onto the link below:
[Equality and Diversity](#)

Section 1: Professional behaviour and trust

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(2) Delivers patient centred care
and maintains trust

This topic is covered by an e-LfH training session. Please log into your e-LfH account (<http://portal.e-lfh.org.uk/>) and search for session codes:

Mental Capacity (000-1077)
Mental Capacity Assessment (000-1078)
Use of Restraint (000-1028)
Capacity and Difficult Consent (000-1076)
Patient Autonomy and Related Ethics (000-1075)
Safeguarding Vulnerable Adults (000-1012)
Confidentiality and Privacy (000-1039)
Keeping the Patient at the Centre of Care (000-1043)
Seeing the Whole Picture (000-1044)
Family Dynamics Affecting Discharge (000-1033)

This topic is covered by BMJ training sessions. Please click onto the links below:

[Patient experience](#) (10046442)
[Communicating risk to patients - 1: a general guide](#) (10017705)
[Working in effective partnership with patients](#) (10050243)

Section 1: Professional behaviour and trust

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(3) Behaves in accordance with ethical and legal requirements

This topic is covered by an e-LfH training session. Please log into your e-LfH account (<http://portal.e-lfh.org.uk/>) and search for session codes:

Confidentiality and Privacy (000-1039)
Mental Health Act (000-1011)
Mental Capacity (000-1077)
Mental Capacity Assessment (000-1078)
Capacity and Difficult Consent (000-1076)
Use of Restraint (000-1028)
HIV Testing (000-1079)
DVLA (000-1080)
How to Avoid the GMC Disciplinary Committee (000-1082)
Infection Control: Diarrhoea in an Inpatient (000-1063)
Completion of the Medical Certificate of Cause of Death Part 3 (780-0005)
Safeguarding Vulnerable Adults (000-1012)
GMC Registration and Post Graduate Observation (000-1088)
Safeguarding Adults: Level 2 (708_03)
Safeguarding Children: Level 1 Safeguarding for All Staff Working in a Healthcare Setting (700-0001)
Safeguarding Children: Level 2 Part A - Recognition (700-0002)
Safeguarding Children: Level 2 Part B and Part C - Response in Secondary Care (700-0005 and 700-0006)
Safeguarding Children: Level 2 Part B and Part C - Response in Primary Care (700-0003 and 700-0004)
Information Security (764-0001)
An Introduction to the Data Protection Act (764-0002)

This topic is covered by BMJ training sessions. Please click onto the links below:

[The Mental Health Act: the 2007 Amendment](#) (10011551)
[The Mental Capacity Act](#) (10056725)
[Patient confidentiality and disclosing information](#) (5003213)
[Confidentiality](#) (10011710)
[Child protection: physical abuse](#) (10027240)
[Child protection: emotional abuse, sexual abuse, and neglect](#) (10028231)
[Consent](#) (10012287)

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(4) Keeps practice up to date
through learning and teaching

This topic is covered by an e-LfH training session. Please log into your e-LfH account (<http://portal.e-lfh.org.uk/>) and search for session codes:

Supervised Learning Events in the Foundation Programme: An Introduction (000-1100)

Principles of Assessment (000-1101)

Making the Best Use of Multi-Source Feedback: A Trainee Guide (000-1104)

Getting the Most from Direct Observation of Procedural Skills (DOPS) (000-1105)

Getting the Most from a Case Based Discussion (CBD) (000-1106)

Getting the Most from a Mini-Clinical Evaluation Exercise (Mini-CEX) (000-1107)

Getting the Most Out of Supervised Learning Events: A Trainee's Guide (Part 1) (000-1102)

Getting the Most Out of Supervised Learning Events: A Trainee's Guide (Part 2) (000-1103)

How do Adults Learn? (000-1094)

Teaching: Delivering a Formal Teaching Session (000-1095)

Teaching: Clinical Practice, Bedside or Opportunistic Moments (000-1096)

Obtaining Feedback for Personal Development (730-2014)

This topic is covered by a Drs.net training session. Please click onto the link below:

[Learning and Studying Efficiently](#)

This topic is covered by BMJ training sessions. Please click onto the links below:

[Top tips on developing your personal development plan](#) (10037199)

[Teaching small groups](#) (5003256)

[Small group teaching](#) (6055963)

[How to assess your learning needs](#) (10028814)

Section 1: Professional behaviour and trust

Foundation professional capabilities	Online resource
(5) Demonstrates engagement in career planning	

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Section 2: Communication, team-working and leadership

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(6) Communicates clearly in a variety of settings

This topic is covered by an e-LfH training session. Please log into your e-LfH account (<http://portal.e-lfh.org.uk/>) and search for session codes:

Communication Skills (000-1005)
 Communicating Treatment Risks to Patients (000-1051)
 Breaking Bad News (000-1036)
 Bereavement Process (000-1037)
 Organ Donation and Related Communication Skills (000-1035)
 Medical Error: When Things Go Wrong (000-1050)
 Handling Complaints (000-1047)
 Learning from Complaints (730-3043)
 Primary, Secondary Care Interface (000-1055)
 Effective Referrals to Other Clinical Teams (000-1060)
 Impact of Short-term and Long-Term Physical Problems on Daily Living (000-1031)
 Assessment of Ability to Self Care after Discharge (000-1032)
 Family Dynamics Affecting Discharge (000-1033)
 Management of Long Term Disease in the Community (000-1034)

This topic is covered by BMJ training sessions. Please click onto the links below:

[Managing aggressive patients](#) (10032417)
[Breaking bad news: a how to do it guide](#) (10056755)
[Communication skills](#) (10056676)
[Complaint management](#) (10013164)

Section 2: Communication, team-working and leadership

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(7) Works effectively as a team
member

This topic is covered by an e-LfH training session. Please log into your e-LfH account (<http://portal.e-lfh.org.uk/>) and search for session codes:

Team Working and Patient Safety (000-1097)
Good Handover Practice (000-1008)
Effective Referrals to Other Clinical Teams (000-1060)
Primary, Secondary Care Interface (000-1055)
Ward and Therapy Services (000-1058)
Ward and Social Services (000-1059)
Team Dynamics (730-2015)
Effective Team Working (730-2016)

This topic is covered by BMJ training sessions. Please click onto the links below:

[Shared decision making](#) (10032738)
[Tackling bullying in medicine](#) (44)
[Team working: a user's guide](#) (6051466)
[Dealing with difficult doctors](#) (5001068)

Section 2: Communication, team-working and leadership

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(8) Demonstrates leadership
skills

This topic is covered by BMJ training sessions. Please click onto the links below:
[Clinical leadership and effecting change](#) (10015268)
[Leadership in medicine](#) (5004311)

Foundation professional capabilities	Online resource
(9) Recognises, assesses and initiates management of the acutely ill patient	<p>This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes:</p> <ul style="list-style-type: none"> Senior Advice: When to Stop for Help (000-1004) Assessment and Initial Management (000-1015) Re-evaluation and Monitoring (000-1016) Managing Low Urine Output (000-1023) NICE IV Fluid - Assessment (000-1176) NICE IV Fluid - Principles and Five Rs (000-1177) NICE IV Fluid - Properties (000-1178) NICE IV Fluid - More Complex Scenarios (000-1179) NICE IV Fluid - When It Goes Wrong (000-1180) Managing Sepsis (000-1024) Arterial Blood Gas Sampling and Interpretation (000-1017) Patient with a Reduced Level of Consciousness (000-1018) Pain Management (000-1020) Self Harm Assessment (000-1009) Managing Self Harm (000-1027) <p>This topic is covered by a Drs.net training session. Please click onto the link below:</p> <ul style="list-style-type: none"> Bacterial meningitis and meningococcal septicaemia in children and young people Management of Anaphylaxis C-spine, Chest and Pelvis: Radiograph Interpretation for the Resuscitation Room Immediate Management of Major Trauma Acute Myocardial Infarction Bronchiolitis: Diagnosis and Management I Cannot Breathe, Doctor - Shortness of Breath Pneumonia Postpartum haemorrhage <p>This topic is covered by BMJ training sessions. Please click onto the links below:</p> <ul style="list-style-type: none"> Things I wish I'd known before starting a job in surgery as a foundation doctor (10053723) Things I wish I'd known before starting a job in medicine as a foundation doctor (10053714) Things I wish I'd known before starting a job in general practice as a foundation doctor (10055263) Things I wish I'd known before starting a job in emergency medicine as a foundation doctor (10055231)

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[Hospital presentations: anaphylaxis](#) (10054518)

[Hospital presentations: acute kidney injury and chronic kidney disease](#) (10054296)

[You've been bleeped: Chest pain, in association with Student BMJ](#) (10053582)

[You've been bleeped: A fall on the ward, in association with Student BMJ](#) (10056408)

[You've been bleeped: Postoperative deterioration, in association with Student BMJ](#) (10055249)

[Acute asthma in adults: assessment and management](#) (5003205)



(10) Recognises, assesses and manages patients with long term conditions

This topic is covered by an e-LfH training session. Please log into your e-LfH account (<http://portal.e-lfh.org.uk/>) and search for session codes:

Impact of Short-term and Long-Term Physical Problems on Daily Living (000-1031)
 Ward and Therapy Services (000-1058)
 Assessment of Ability to Self-Care after Discharge (000-1032)
 Ward and Social Services (000-1059)
 Nutrition and Health (000-1066)
 Nutritional Assessment (000-1067)
 Options for Nutrition Care (000-1068)
 Family Dynamics Affecting Discharge (000-1033)
 Management of Long Term Disease in the Community (000-1034)

This topic is covered by a Drs.net training session. Please click onto the link below:

[Adult Epilepsy](#)
[Age-related Macular Degeneration and Diabetic Retinopathy](#)
[Autism Spectrum Disorder in Children and Adolescents](#)
[Chronic Daily Headache](#)
[Diagnosis and Initial Management of Type 2 Diabetes](#)
[Diagnosis and Management of Benign Prostatic Hyperplasia \(BPH\)](#)
[Glaucoma](#)
[Heart Failure for Primary Care](#)
[Non-alcoholic Fatty Liver Disease](#)
[Tremor](#)
[Urticaria and Angioedema](#)

This topic is covered by BMJ training sessions. Please click onto the links below: _

[Hospital presentations: acute kidney injury and chronic kidney disease](#) (10054296)
[Chronic obstructive pulmonary disease: diagnosis and assessment of severity](#) (10032711)

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Foundation professional capabilities	Online resource
<p>(11) Obtains history, performs clinical examination, formulates differential diagnosis and management plan</p>	<p>This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes:</p> <ul style="list-style-type: none"> Medication History Taking and Prescribing on Admission (000-1013) Psychiatric Assessment and Mental State Examination (000-1010) Delirium (Acute Confusional States): Recognition and Causes (000-1025) Delirium (Acute Confusional States): Diagnosis and Management (000-1111) Psychotic Disorders (000-1026) Mental Health Act (000-1011) Holding an Outpatient Consultation (000-1110) Hospital Acquired Fever: What to do (000-1061) Hospital Acquired Fever: What to do Next (000-1061) Infection Control: Diarrhoea in an Inpatient (000-1063) Infection Control: Air and Blood Borne Pathogens (000-1064) Ward Laboratory Interface (000-1056) Ward and Imaging Interface (000-1057) Multi-Disciplinary Discharge Planning (000-1030) <p>This topic is covered by a Drs.net training session. Please click onto the link below:</p> <ul style="list-style-type: none"> Oral Anticoagulation in Adults Bridging (periprocedure) Antithrombotic Treatment Thromboprophylaxis for the Prevention of Hospital-acquired Thrombosis Add video library for examination series <p>This topic is covered by BMJ training sessions. Please click onto the links below:</p> <ul style="list-style-type: none"> The prostate: clinical examination (10051778) Cranial nerve examination (10051838) Wrist examination (10053465) Elbow examination (10053110) Shoulder examination and diagnosis (10019901) Knee examination (10048374) Ankle examination (10048359) Hip examination (10047155) Back examination (10028600) Stroke: differential diagnoses (10014747)

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	<p>Broad complex tachyarrhythmias: a comprehensive guide to diagnosis (5003249)</p> <p>Diagnosing pancreatic cancer: a guide for hospital doctors (10051332)</p> <p>Potassium management: hyperkalaemia (10047565)</p> <p>Fluid management in acutely ill patients (5003184)</p>	
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Section 3: Clinical care

<p>(12) Requests relevant investigations and acts upon results</p>	<p>This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes: Selection of Investigations (000-1098) Interpretation of Investigations: Practical Application (000-1099)</p> <p>This topic is covered by a Drs.net training session. Please click onto the link below: Interpreting lung function in the clinical setting Basic Blood Gas interpretation Abdominal Radiograph interpretation</p> <p>This topic is covered by BMJ training sessions. Please click onto the links below: Chest x ray: an essential guide to interpretation (10009899) ECG Skills Course (10046609) Arterial blood gases: a guide to interpretation (5004327) Liver function tests: interpreting abnormal results (5003197)</p>

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Section 3: Clinical care

Foundation professional capabilities	Online resource
(13) Prescribes safely	<p>This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes:</p> <ul style="list-style-type: none"> Medication History Taking and Prescribing on Admission (000-1013) Prescription Writing (000-1181) BNF Usage and Other Prescribing Information Sources (000-1182) Safe use of Injectable Medicines (Part 1) (000-1183) Safe Use of Injectable Medicines (Part 2) (000-1184) Safe Anticoagulation (000-1185) Safe Prescribing in Renal Impairment (000-1186) Prudent Use of Antibiotics (Part 1) (000-1187) Prudent Use of Antibiotics (Part 2) (000-1188) Prudent Use of Antibiotics (Part 3) (000-1189) Safe Prescribing of Insulin (000-1190) Adverse Drug Events (000-1191) Safer Medicines Use Through Concordance (000-1192) Safe Prescription and Risk Management (000-1014) Safe Practice the Doctors Perspective (000-1048) Communicating Treatment Risks to Patients (000-1051) Pain Management (000-1020) Haemovigilance in the UK and ROI (702-0101) Blood Group Serology (702-0202) Requesting Procedure (702-0103) Sampling Procedures (702-0104) Collection Procedure (702-0105) Administration Procedure (702-0106) Management of Transfused Patient (702-0107) Safe and Appropriate Transfusion Practice (702-0201) Red Blood Cells (702-0203) Adverse Effects of Transfusion (702-0208) VTE Prevention in Secondary Care (703-0201) <p>This topic is covered by a Drs.net training session. Please click onto the link below: Clinical Blood Transfusion Pitfalls in drug dose calculation and administration</p>

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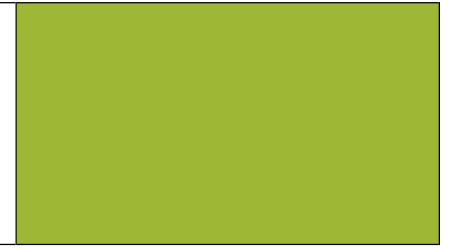
This topic is covered by BMJ training sessions. Please click onto the links below:

[Safe and effective prescribing](#) (5004474)

[Injectable medicines: prescribing, preparing, and administering](#) (10009161)

[Starting patients on anticoagulants in secondary care: how to do it](#) (10056761)

[Drug errors in hospital practice](#) (5003179)



Section 3: Clinical care

(14) Performs procedures safely	<p>This topic is covered by a Drs.net training session. Please click onto the link below: Add video library for procedures</p> <p>This topic is covered by a BMJ training session. Please click onto the link below: Basic practical skills course (10057624) Advanced practical skills course (10057136) Airways management course (10057539)</p>

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Section 3: Clinical care

(15) Is trained and manages cardiac and respiratory arrest

This topic is covered by an e-LfH training session. Please log into your e-LfH account (<http://portal.e-lfh.org.uk/>) and search for session codes:

Discussing 'Do Not Attempt CPR' Decisions (215-0330)

This topic is covered by a BMJ training session. Please click onto the link below:

[Basic life support](#) (10056682)

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<p>(16) Demonstrates understanding of the principles of health promotion and illness prevention</p>	<p>This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes:</p> <ul style="list-style-type: none"> Infection Control: Air and Blood Borne Pathogens (000-1064) Enabling Smoking Cessation (000-1069) Risk Factors in Disease (000-1073) Screening (000-1070) Health Needs, Demands and Resource (000-1052) Management of Substance Misuse (000-1071) Management of Alcohol Misuse (000-1072) Managing Obesity: Guiding and Enabling Behaviour Change (620-4) Facts About Alcohol (752_0101) About Alcohol Identification and Brief Advice (752_0102) <p>This topic is covered by a Drs.net training session. Please click onto the link below: Alcohol Use Disorders: Screening, Brief Interventions and Wernicke Prevention</p> <p>This topic is covered by BMJ training sessions. Please click onto the links below: How does physical activity produce health benefits? (10051877) The importance of physical activity (10051859) Quick tips: e-cigarettes and smoking cessation (10050264)</p>

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<p>(17) Manages palliative and end of life care</p>	<p>This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes: Bereavement Process (000-1037) Cultural and Religious Diversity and Bereavement (000-1038)</p> <p>This topic is covered by a Drs.net training session. Please click onto the link below: Palliative Care</p> <p>This topic is covered by BMJ training sessions. Please click onto the links below: Palliative care during the out of hours period: in association with Macmillan Cancer Support (10025220) Ask the consultant: Palliative care medicine (10056884) Advance decisions (5004469)</p>

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Section 4: Safety and quality

<p>(18) Recognises and works within limits of personal competence</p>	<p>This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes: Competency in Practice (000-1002) Senior Advice: Who, When and Why? (000-1003) Senior Advice: When to Stop for Help (000-1004) Explaining Evidence/Guidelines/Protocols to Patients (000-1092) Guidelines in Clinical Practice (000-1091)</p>

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Section 4: Safety and quality

Foundation professional capabilities	Online resource
(19) Makes patient safety a priority in clinical practice	<p>This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes:</p> <ul style="list-style-type: none"> Senior Advice: When to Stop for Help (000-1004) Safe Practice the Doctors Perspective (000-1048) Human factors and analysis of adverse events (000-1049) Medical Error: When Things Go Wrong (000-1050) Hospital Acquired Fever: What to do (000-1061) Hospital Acquired Fever: What to do Next (000-1061) Infection Control: Diarrhoea in an Inpatient (000-1063) Infection Control: Air and Blood Borne Pathogens (000-1064) Infection Control: Modes of Transmission (000-1065) Disease Notification (000-1074) Stress – Mental Health (000-1006) Health (Blood Borne Infection) and Handling Stress (000-1007) An Underperforming Colleague: What to Do? (000-1053) Stress - Bullying (000-1054) Introduction to Patient Safety (000-1041) Quality and Safety in the NHS (000-1042) Raising Concerns about Patient Safety (000-1045) Team Working and Patient Safety (000-1097) Clinical Governance (000-1040) Outcomes and Patient Experience (000-1046) Handling Complaints (000-1047) Errors and Experiences in Healthcare (730-3037) Minimising Risk in Healthcare Organisations (730-1016) <p>This topic is covered by a Drs.net training session. Please click onto the link below: Patient Safety</p> <p>This topic is covered by BMJ training sessions. Please click onto the links below: Quality and safety: patient involvement and open disclosure (10015330) Learning from patient safety incidents (10050076)</p>

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Section 4: Safety and quality

(20) Contributes to quality improvement

This topic is covered by an e-LfH training session. Please log into your e-LfH account (<http://portal.e-lfh.org.uk/>) and search for session codes:

- Audit (000-1093)
- Evidence Based Medicine in Clinical Practice (000-1089)
- Common Study Designs in Clinical Research (000-1090)
- Explaining Evidence/Guidelines/Protocols to Patients (000-1092)
- Guidelines in Clinical Practice (000-1091)
- Searching the Literature and Locating Papers (706-0004)
- How to Review a Paper (706-0005)

This topic is covered by BMJ training sessions. Please click onto the links below:

- [Introduction to change management](#) (5004459)
- [Quality improvement activity for appraisal and revalidation in the United Kingdom](#) (10037217)

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