

Oluseyi Adesalu

Academic FY2 (BTUH)

UKFPO Leadership Fellow



UKFPO Leadership Fellow

- 12-month post
- Clinical Leadership Skills
- Foundation Programme Review
- FY1 Induction Survey 2018 data
- Rough Guide to Foundation Programme
- Individual Projects



The Project

***Exploring the influences shaping
the way in which BME
foundation trainees perceive
burnout***



The Data

1. In 2017, **57%** of FY2 trainees made an application to nationally recruited Specialty Programme
2. In 2017 **68.1% of BME** UK graduate FY2 trainees applied to a training programme, compared to **50.6% of White** UK graduate FY2s

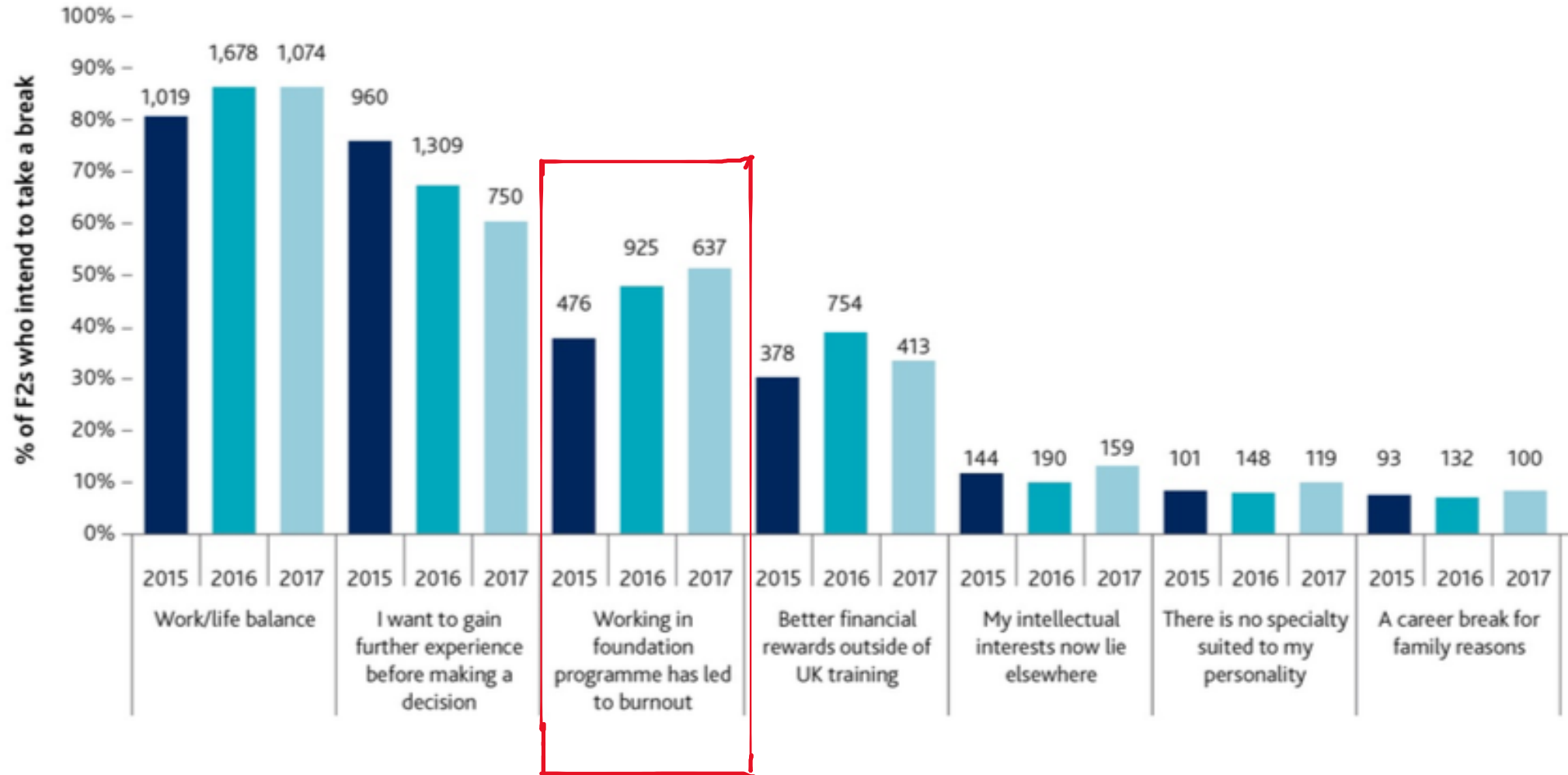


The Data

- 3. Burnout** - risen steadily from 37.7% in 2015 (n=476), 47.7% in 2016 (n=925) to **51.3%** in 2017 (n=637)
- a) Copenhagen Burnout Inventory: *a state of prolonged physical and psychological exhaustion, which is perceived as related to the person's work*



Figure 17: Reasons given by F2 doctors who have planned to take a break from training



INCREASING
BREAKS IN
TRAINING

DEMOGRAPHIC
DIFFERENCES

BURNOUT



The project

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The Research Questions

- 1. How do BME trainees perceive their experience of foundation training?
- 2. How do BME trainees perceive their attitudes towards taking breaks in training?
- 3. How do BME trainees perceive their cultural identity shapes their perceptions of “burnout”?



Logistics

1. Focus groups
2. Location for data collection
3. Sourcing participants

Contact: Oluseyi.adesalu@gmail.com

