# National transfer of information

Process and guidance for medical students, graduates, Foundation Programme applicants, medical schools and foundation schools

Updated for 2018

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General principles

The Transfer of Information (TOI) processes are a means of supporting medical students during the transition from medical school to foundation school, and during the F1 year.

Under the Medical Act 1983, universities have formal responsibility for confirming that doctors at the end of F1 are eligible for full registration. It is therefore essential that there is a two-way transfer of information between the university/medical school and the deanery/foundation school until the point of full registration with the GMC.

The TOI process has been in place for some time and has been subject to constant review and improvement. In 2012 and 2013 the process has been formally reviewed and modified by the Medical Schools Council and UKFPO taking into account feedback from stakeholders including medical schools, F1 doctors, medical students and foundation schools.

The TOI process aims to highlight doctors who may require additional support during the Foundation Programme. In particular, it is essential that information regarding any potential patient safety issues, significant educational, health and welfare concerns, as well as areas of the student’s relative weakness are passed to those responsible for foundation training.

The TOI process is facilitated by completion of a TOI form. Every Foundation Programme applicant is required to comply with the TOI process and complete a TOI form.

You do not need to disclose a specific medical diagnosis or treatment details on this form. You should however provide sufficient information on the nature of your condition or disability to enable your Foundation School to understand how it may affect you in your clinical training or work as a doctor, and to understand your support needs. You should provide more specific medical information about yourself in confidence to your employing Trust’s Occupational Health Department when you complete their health questionnaire as part of employment procedures.

The TOI form is first completed by the student. Information on the TOI form is endorsed by the medical school. Medical schools may provide further information where necessary to protect patient safety. TOI forms should be shared only with relevant individuals responsible for education and training or pastoral support at the applicant’s allocated foundation school.

There are three key components to the form:

- Information concerning health and welfare (Section 1)
- Information concerning educational progress (Section 2)
- Information concerning professional performance (Section 3)

Health and welfare – Health and welfare information aims to highlight health and welfare issues that may be of relevance to the setting or delivery of the Foundation Programme. This allows the student to manage their health in a professional manner.

Educational progression – Educational progress information outlines any additional support that may be required during the Foundation Programme. This information will be used by the educational supervisor to assist the student in producing a personal development plan as a new foundation doctor and to identify any additional educational support that may be needed. This also allows the medical school to meet the GMC requirement of ensuring that graduates’ areas of relative weakness are fed into their Foundation Programme portfolios.
**Professional performance** – Professional performance information relates to the outcome of any fitness to practise or professionalism investigation to which a student has been subject at medical school. Students are asked to provide details of any investigation made into their professionalism during their time at medical school which resulted in a written warning or a sanction. By ‘investigation’ we mean an investigation that is known to the student and where its outcome was reported to the student in writing. Students are not expected to declare verbal warnings.

Completion of the TOI form does not replace the need to report any fitness to practise issues to the GMC or to inform the Local Education Providers (LEPs) HR / Occupational Health departments of any health issues.

**Timeline and summary of processes**

For the purpose of this paper, ‘medical Student’ refers to all Foundation Programme (FP) applicants.

Please note that some actions are specific to those applicants applying via the UKFPO Eligibility Office.

<table>
<thead>
<tr>
<th>Date</th>
<th>Action and overview of process</th>
<th>Action owner</th>
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<tbody>
<tr>
<td>Autumn 2018</td>
<td>UK medical school to hold an ‘early review’ meeting between medical and foundation school staff. The meeting should aim to identify any final year medical students for whom there are considerations that may impact on the location/delivery of the Foundation Programme.</td>
<td>Medical school</td>
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<td>UK medical school to invite any students identified through the ‘early review’ meeting to attend a confidential meeting to discuss: • TOI: to provide guidance on information which is relevant to the delivery of the Foundation Programme and the level of detail to be provided on the TOI form. • (and if applicable) ‘Special Circumstances’ FP application information. This only applies if the considerations identified are judged to impact on the location of the Foundation Programme. (This is a separate process to TOI; please see the Special Circumstances process available on the UKFPO website for details.)</td>
<td>Medical school and medical student</td>
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<tr>
<td>January–March 2019</td>
<td>UK medical school to send guidance and a TOI form to all final year students applying for the Foundation Programme. Medical student to seek guidance if required from medical school re completing the form. UKFPO Eligibility Office to send a TOI form to ever Eligibility Office FP applicant.</td>
<td>Medical school</td>
</tr>
<tr>
<td></td>
<td>Non-Eligibility Office FP applicants to complete a TOI form and return to the named individual at their UK medical school</td>
<td>UKFPO</td>
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<tr>
<td>As soon as possible/by no later than 25th April 2019</td>
<td>UK medical school to review student completed TOI forms and, if necessary, to add relevant information to the form.</td>
<td>Medical school</td>
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| Later than **30th May 2019**  
| Or no later than a week after allocation for those on the reserve list* | Once the level of information is appropriate, all forms endorsed and signed by the medical school.  
| Medical school to send original form to the allocated foundation school. Copies of the form should be made (one for the medical student and one for medical school records). |
| As soon as possible/by, no later than **30th May 2019**  
| Or no later than a week after allocation for those on the reserve list* | **Eligibility Office FP applicants only** to complete all details on the TOI form (including having obtained medical school endorsement and signature).  
| FP applicant to send original TOI form to allocated foundation school. A copy of the form should be kept by the applicant. |
| As soon as the TOI form is received, no later than **14th June 2019** | Foundation schools to receive TOI forms.  
| Foundation school to consider if any adjustments or additional support may be provided to enhance the training and development of the new foundation doctor. |
| **July/August 2019** | Foundation doctor and educational supervisor to discuss educational progress details at the ‘initial meeting with educational supervisor’. |

* The UKFPO will announce FP allocations on 7th March 2019. If an applicant is not allocated on this date, they will be placed on the reserve list. Subsequent reserve list allocations will be made thereafter. Reserve list applicants (and their medical school if appropriate) must ensure that their TOI form is received by the allocated foundation school **AS SOON AS POSSIBLE** and strictly by no later than one week from the allocation date.
Information and guidance for medical students, graduates, Foundation Programme applicants

Medical education and training is a continuing process with a number of different phases, and it is important that individuals are supported as they move from one phase to the next. The Transfer of Information (TOI) process is designed to help students make the transition from medical school to postgraduate training and employment. The TOI process is separate from employment processes and the GMC registration process. What you put in your TOI form has no bearing on which foundation school you are allocated to.

Quick guide to the TOI process

- The purpose of the TOI process is to support your transition to the Foundation Programme and employment.
- Every student or doctor applying for F1 must complete a TOI Form.
- The form covers three areas:
  - Health and Welfare
  - Educational Progress
  - Professional Performance
- The information you submit in the TOI form will be used by your foundation school to ensure that you get the right educational and pastoral support during your two-year programme and to see if you will require reasonable adjustments to complete the programme.
- If you are unsure what information to include in your TOI form, contact your medical school, who will be able to help you.
- Information contained in the TOI form will be shared with your foundation school. Once the form is received, the foundation school director will consider if any reasonable adjustments should be made, sometimes in consultation with the Foundation Programme Training Director responsible for your particular programme. Relevant information from the form may need to be shared with other colleagues (for example your educational supervisor and possibly the employing organisation) in order to ensure that the appropriate support is provided to you. Information contained in the form will only be shared with your employer and any relevant external organisations with your consent.
- If you declare any issues that relate directly to patient safety (for example if you have a blood borne virus) then it is likely that there will be direct contact between you and your receiving foundation school and employer before you start the Foundation Programme.

You are strongly advised to read the rest of this guidance to ensure that you understand the TOI process and are able to engage with it fully.

General Principles

Why is the process in place?

The TOI process has principally been developed to help you make a smooth transition from medical school to the Foundation Programme. Starting your first job in the NHS can be an overwhelming experience and your foundation school wants to make the experience as easy as possible for you. In order to do this they need to know some important information about you to make sure you have the right support in place when you start.
Your medical school has the legal responsibility for your education and training until you are granted full registration by the General Medical Council (GMC). In practice medical schools delegate this responsibility to foundation schools but the TOI process enables them to ensure that foundation schools have the right information about you to enable them to provide you with appropriate support from day one.

Medical schools also have to work in line with the standards and outcomes set out by the GMC in Promoting Excellence. Requirement R2. 17 of the document states that ‘Organisations must have a process for sharing information between all relevant organisations whenever they identify safety, wellbeing or fitness to practise concerns about a learner, particularly when a learner is progressing to the next stage of training’. Therefore the TOI process is an essential way for medical schools to ensure that they meet the standards set by the GMC. This is also why your medical school has the final say as to the content of your form although if they wish to add additional information they should talk to you first.

Although taking part in the TOI process is important you should also be aware that you may need to provide information separately to other organisations. You will need to provide fitness to practise information to the GMC in order to gain provisional registration. If you have a health condition or disability that requires adjustments you may also have to provide information to your employer’s HR or occupational health service.

**Patient safety**

The first consideration for all those that work in healthcare is the safety and well-being of the patients they care for. Therefore, if your form contains information that relates directly to patient safety, including serious professional performance concerns or health issues, then you should expect to have direct contact with your foundation school and employer before you start work.

**Who has to undertake the TOI process?**

Every student/doctor applying for the Foundation Programme must participate in the TOI process to ensure that appropriate support can be put in place, regardless of year and place of graduation.

For UK medical students the process will be managed by their graduating medical school.

For those applying to F1 who did not train at a UK medical school, and UK graduates who graduated prior to 2 August 2015, the UKFPO Eligibility Office will supply you with a form which you should then complete. Your graduating medical school to endorse the content of the form.

**The TOI process**

UK medical schools will not wait until you have passed finals before they send your form to your foundation school. Foundation schools need time to make any adjustments you might require and therefore the information is shared as soon as is practical after F1 allocations take place.

The basic process for UK graduates is as follows:

1. January to March – your medical school will send you a TOI form to complete.
2. You complete the form and return it to your medical school.
3. Your medical school will then look at the information you have submitted and verify that it is correct.
4. Occasionally your medical school will want to add additional information to your TOI form to support you and meet their GMC standards. Your school will meet with you to discuss what relevant information they wish to transfer and why.
5. June – medical schools send your TOI form to your foundation school.
6. **July/August** – during your initial meeting with your educational supervisor and during the induction meeting with your clinical supervisor, you are expected to discuss the content of the TOI form.

Your form will be signed by a member of your medical school’s staff who is competent to do so in that they are able to verify that information contained in the form is correct. This may be your medical school dean or head of school but it may also be a member of the administrative or teaching staff.

**Eligibility Office Applicants**

If you are applying through the UKFPO Eligibility Office then you will be sent a TOI form which you must complete and get endorsed by your graduating medical school. Once you know which Foundation School you have been allocated to it is your responsibility to ensure that they receive your completed TOI form.

**What to declare**

The form is split into three sections:

1. Health and Welfare
2. Educational Progress
3. Professional Performance

You may not have anything to add in a particular section, but you should take care when completing the form to ensure you don’t miss anything that would be useful for your receiving foundation school to know.

Patient safety is the overriding principle that healthcare professionals must consider whenever they undertake any processes linked to their employment or the care of patients. Therefore, it is very important that you declare any issue that may impact on the safety of the patients that you will come into contact with once you are in the Foundation Programme.

Please describe any functional impairments which were relevant to your ability to train and any supports or adjustments that you were offered during your training. If you did not suffer any such substantial impairments of function and you were never offered any supports or adjustments to your training course, it is not necessary to declare minor or trivial conditions which only resulted in minor or very short periods of absence from training.

**Health and welfare**

In this section you should declare any health or welfare concerns that may have an impact on your ability to work as a foundation doctor. As an employee of the Trust (or equivalent) that you work in you have rights under the Equality Act 2010. In particular, employers have a duty to make reasonable adjustments for disabled employees to ensure that they can continue to work. The question of what is reasonable is a legal one that ultimately is decided by tribunals and courts, but your receiving foundation school will want to work with your employer to ensure that any reasonable adjustments you require can be made.

In order to do this they will need to know what types of adjustments you will require so they can prepare a suitable placement for you. Remember, this will not impact upon which foundation school you have been allocated to. The adjustments you require may impact on the type of placements you are assigned to as there will be some working environments where it is easier to provide adjustments than others. For example, if you have a disability that impacts on your mobility your foundation school will take this into account by ensuring that your placement has lifts you can use or is not one where doctors have to walk long distances between wards.
The GMC and MSC have recently published guidance on supporting students with mental health concerns. This guidance provides helpful advice on handling the transition to the Foundation Programme. It should be noted that although the guidance focuses on mental health, it equally applies to those with a physical disability. The relevant extract from the guidance Supporting medical students with mental health conditions is available at Annexe A of this guidance.

The TOI form asks for information about functional impairments which affect your ability to train:

Some of examples of the type of information you should declare in this section include:

- If you have dyslexia and will require additional time to complete the written components of the e-portfolio or require coloured films for computer screens to enable you to use your employer’s IT systems.
- If you have an impairment that impacts on your mobility you should declare this so that your foundation school can work with your employer to ensure you are placed in an accessible site.
- If you have or had a mental disorder which resulted in adjustments to your training course, please describe the functional effects of this disorder (e.g. impaired memory or concentration) and the specific adjustments which you were offered.

Some examples of the form of words which might be appropriate include the following.

- I have a chronic blood-borne infection which means I am unable to be involved in exposure prone activities. I require no specific support measures other than adjustment of duties in surgical posts.
- I am in weekly therapy for treatment of a mental health condition. I will require protected time for the first X months of Foundation Training in order to attend therapy.
- I have a chronic infection and I am compliant with the advice of both my treating medical specialist and my supervising accredited specialist Occupational Physician, who has advised that I do not need any adjustment to my medical practice on health grounds, and that I am fit to undertake exposure prone procedures.
- I have a mental health condition which is stable, and for which I did not require adjustments while I was at medical school.

Examples of relatively common adjustments which are compatible with fitness to practise medicine include protected time for routine medical appointments, practising without undertaking exposure prone procedures and directing others to undertake cardio-pulmonary resuscitation.

Examples of adjustments which are not compatible with fitness to practise medicine include needing a human note taker, needing a personal assistant to read clinical records and needing to delegate the performance of any of the mandatory competencies listed in the GMC publication “Outcomes for Doctors” to another medical practitioner on objective medical grounds.

Educational Progress

In this section you need to add information regarding any additional educational support (if any) that your medical school provided during your training. You should reflect on what parts of the undergraduate course you found more difficult – this might be a practical procedure such as cannulation or an assessment method such as OSCEs. Your foundation school needs to know this so they can make sure your personal development plan reflects your educational needs and that you are supported to carry out any identified procedures until you feel more confident.
When you graduate from medical school your school has determined that you are competent to start F1. This section does not question this competence; it merely reflects that students will have areas which they have not had as much practice in as others. For example, you will have been assessed on a range of practical procedures and passed, but you may not have had a chance to undertake many of them on patients. If after an honest appraisal of your skills and confidence you feel that when you start work as a doctor you may need additional support from your employer in carrying out certain practical procedures, you should include this in the form and identify the type of procedure and why you feel you need additional support.

Some examples of the types of things you may want to declare include:

- If you have struggled with a particular form of assessment method such as OSCEs.
- If you have undertaken a practical procedure many times on a manikin, but have not carried it out on a patient.
- If you do not feel confident carrying out a procedure such as cannulation as you found it a difficult skill to learn and you have not been able to practice carrying it out on your last clinical placement before graduation.

Please note that if you do not pass the Prescribing Safety Assessment, this will not affect your offer of employment.

**Professional Performance**

This section is about your performance as a professional whilst you have been at medical school. Medical students are expected to behave professionally in preparation for future practice as a doctor.

Medical schools monitor professionalism and must not graduate students they believe are not fit to practise. However, in most cases unprofessional behaviour resulting in a warning or sanction is not serious enough to prevent the student from graduating. In these instances it is important that the receiving foundation school knows about issues related to a graduate’s professionalism which have been considered by the graduating medical school. This is important to ensure that:

- Your foundation school can place you in an environment which provides additional support in relation to professionalism if necessary.
- You can be provided with additional educational opportunities to support your learning about (and your acquisition of) professional values during F1.
- Behaviours observed in F1 can be considered in the context of your professionalism history. This may reveal behaviours to be part of a pattern which would not otherwise be apparent, or may allay concerns about observed behaviours which may have been investigated and explained during your time at medical school.
- Patient safety is not affected; it is important that you are monitored during your F1 year to ensure that you understand the impact unprofessional behaviour can have on patients and colleagues, including other F1 trainees, with whom you work.

In this section you are asked to include formal outcomes (including warnings or sanctions) received from your medical school in relation to any investigation into your professionalism or fitness to practise.

It might help you to consider the threshold for fitness to practise which is shown on page 80 of the GMC and MSC joint publication *Professional behaviour and fitness to practice: Guidance for medical schools and their students*. This is included below for your reference. You should declare the outcomes of investigations that progressed beyond the threshold below.
Examples of the type of outcome you should include in the form are:

- Written warnings
- Being given set conditions that you must comply with in order to stay on the course.
- Temporary suspension from the course

You are not expected to declare verbal warnings.

In this section you should not declare anything that relates solely to your health. This should be reported in the relevant Health and Welfare section of the form.

As a guide, here are some examples of the types of things that you should declare in this section of the form:

- You received a caution for public disorder and you declared this to your medical school who held a fitness to practise investigation. You were warned by your medical school not to behave in a way that might lead to a caution from the police. Your foundation school would pass this information on to your educational supervisor who would provide you with support and guidance to help make sure you continued to understand the importance of not having criminal action taken against you.
- During your time at medical school you handed in a number of assignments after the deadline for their completion. You were given a formal, written warning about handing work in late. Your educational supervisor would receive this information and, as well as monitoring that you complete F1 assignments on time, they will also provide you with time management support.
- You received a suspension for turning up late to and missing completely several clinical placements. When you returned to the course your attendance was closely monitored by your medical school. You should declare this in your TOI form as this monitoring will need to continue in F1 – being late for work or being absent without a good reason can have a negative impact on both patients and colleagues. Your educational supervisor will also provide you with support to make sure that you understand how your actions impact on others.

**Who receives a copy of the TOI form?**

Your TOI form is sent to your Foundation School Director (FSD). They will consider who in their view needs to receive the information contained in the form, bearing in mind the principle that it should be shared only with those who have a real need to be informed to protect the welfare of staff, trainees and patients and should be stored and handled in line with the requirements of the General Data Protection Regulation and the Data Protection Act 2018.

The FSD will pass the form on to your Foundation Training Programme Director/Tutor (FTP D/T) who looks after foundation training in your allocated LEP. They in turn may feel that your educational supervisor, who is responsible for educational development and progress, needs to see the contents of the form. You can also request that your Educational Supervisor sees the contents of the form if you think it would be helpful and to prevent you from having to repeat the information in the forms multiple times.

In some cases, the information may need to be shared with the Medical Staffing or Occupational Health department at your allocated LEP as they have legal duties that the information will help them to fulfil. For example, they have a legal duty to consider making reasonable adjustments for disabled employees. This will only be done with your consent.

**What happens to the TOI form once you start F1?**

Medical schools, foundation schools and employers are bound by the General Data Protection Regulation and the Data Protection Act 2018, and therefore they must store personal information about you in a secure
way. They must also take steps to ensure that your information is not used for any other purpose other than the one which it was intended for.

There are also rules about how long information can be stored by organisations. Therefore, all copies of your TOI form will be destroyed once you complete the Foundation programme.

Information and guidance for medical schools

1. Medical schools play a vital role in supporting the Foundation Programme (FP) applicant during the transition from medical school to foundation school, and retain responsibility for the foundation doctor throughout the F1 year. Medical schools have an obligation described in Requirement R2.17 of Promoting Excellence that states that ‘Organisations must have a process for sharing information between all relevant organisations whenever they identify safety, wellbeing or fitness to practise concerns about a learner, particularly when a learner is progressing to the next stage of training’.

2. Every UK medical school should have a named contact who will co-ordinate and confidentially manage the TOI process for their final-year graduates. The list of TOI contacts is available found on the UKFPO website.

3. To support the medical student as much as possible, it is recommended that a school-level ‘early review’ meeting between the medical school and local foundation school is held to review relevant information of all final year students/FP applicants. This can also be a helpful opportunity to discuss any students in lower years that might need significant adjustments when they enter foundation training.

4. The early review meeting should bring together medical school representatives (e.g., Chair of Progress Committee or equivalent) and representatives from the local foundation school (although it is recognised that many students may not be allocated to that local foundation school). Ideally, the foundation school representative will possess expertise in dealing with foundation doctors who may have displayed or developed health and welfare, educational support or professional performance needs in the F1 year.

5. The purpose of the review meeting is to:
   • identify students who may be eligible to submit a ‘Special Circumstances’ Foundation Programme application
   • identify students who may require specific information to be disclosed (by the medical school if necessary) on the TOI form

6. Special Circumstances: The early review meeting may highlight a minority of students whose health and welfare or educational needs mean that they require an FP within a particular foundation school/unit of application. These students must be informed of the facility to apply for pre-allocation to a foundation school/unit of application due to special circumstances as part of the Foundation Programme application process, or can be nominated for special circumstances by their medical school as appropriate. There are specific processes for Special Circumstances and information relating to this can be found on the UKFPO website.

7. It is strongly advised that, for those students who may require specific information to be disclosed on the TOI form, the medical school invites the student to discuss the expected level of detail to be provided as early as possible.

8. During the discussion with the identified medical student, the school representative should ensure that:
• students who may need to be allocated to a specific foundation school are made aware of the possibility of applying for special circumstances and that applications must be made by no later than 15th October 2015.
• the expected level of detail to be disclosed about the student’s health & welfare and educational progress is made clear
• the student is aware that if inadequate details are provided on the TOI form, the medical school will provide the appropriate level of detail in order to support the transition between medical school and foundation

9. Every Foundation Programme applicant must complete a TOI form. The medical school should ensure that all students (not only those identified above) are appropriately informed of the supportive nature of TOI and that they are actively encouraged to engage in the TOI process in advance of completing the TOI form.

10. Every Foundation Programme applicant must understand that completion of the TOI form does not replace the need to report any fitness to practise issues to the GMC or to inform the employing organization’s/Local Education Provider’s (LEP) HR or Occupational Health departments of any health issues.

11. ANY INFORMATION DIRECTLY PERTINENT TO PATIENT SAFETY (FITNESS TO PRACTISE ISSUES, BLOOD BORNE VIRUSES, ETC.) WILL BE MANAGED BY DIRECT CONTACT BETWEEN THE MEDICAL STUDENT/Foundation Doctor, Medical Schools, Foundation Schools and Relevant Employer/LEP Human Resources and Occupational Health Departments as appropriate in compliance with GMC REQUIREMENTS. Therefore, students should be aware that in addition to completing the TOI form they have an obligation to disclose information and discuss any information that is pertinent to patient safety.

12. The named TOI contact at the medical school should be pro-active in and responsible for issuing TOI forms and guidance to their final year students/FP applicants.

13. To allow time for the TOI form to be completed by the student and returned to the medical school for endorsement (and, where necessary, to allow sufficient time for the school to include additional details and discuss this with the student), medical schools should send the forms in a timely manner with very clear instructions of when and to whom to return the form.

14. If a student is reticent about completing the form or providing an appropriate level of detail, a meeting should be held to reassure the student of the supportive nature of this process, and their responsibility to complete a TOI form as part of the national FP application process should be reiterated.

15. All discussions or meetings should stress the supportive nature of the process and the reasons why the medical school may/will provide further details to support the transition and first year of F1.

16. Once the student has returned the TOI form, medical schools should review and verify the information provided.

17. If the medical school agrees with the information provided by the student, the form should be endorsed and signed by a competent individual within the medical school who has the knowledge to verify that the information is correct. If the information is inadequate, ambiguous or does not provide the level of detail as identified/expected from the early review meeting, the medical school should discuss the content with the student until a form of wording is agreed.

18. The medical school may provide additional information (on the TOI form) to support the transition. Any information disclosed by the medical school should be accurate, relevant, lawful and non-discriminatory. All information must be in keeping with the TOI principles of identifying and supporting those students who may require additional support, monitoring or adjustments made to
their foundation training. Transferring relevant information may help reduce the risk of encountering difficulties throughout the F1 year.

19. Once the medical school has completed and signed the form, the medical school must keep a copy of the TOI form that is being transferred to the foundation school and provide a copy of the final TOI form for the student.

20. Once the TOI form has been copied and stored in accordance with data protection and local governance requirements, the form must be sent to the allocated foundation school immediately. Appropriate technical and organisational measures must be taken to prevent unauthorised or unlawful processing of the personal data (as defined in the General Data Protection Regulation and the Data Protection Act 2018) and against accidental loss or destruction of, or damage to, the personal data.

21. All TOI forms should be sent electronically to the foundation school in accordance with handling personal data (as defined in the General Data Protection Regulation and the Data Protection Act 2018).

22. It is important that the TOI form is transferred to the allocated foundation school by the set deadline (please see the timeline). Transferring information early will allow the foundation school the time to review and where possible make adjustments to the Foundation Programme.

23. It is NOT necessary for the medical school to withhold the transfer of information until final exam results are known. This is because foundation schools may need to make adjustments to the FP depending on what is required. In the unfortunate event that the student does not pass final exams or at any point they choose to withdraw from the FP, the foundation school will destroy the TOI form as soon as reasonably possible.

24. A copy of the TOI form should be retained by the medical school up to the point of full registration with the GMC. The form must be kept in accordance with data protection and local governance requirements. Appropriate technical and organisational measures must be taken to prevent unauthorised or unlawful processing of the personal data (as defined in the General Data Protection Regulation and the Data Protection Act 2018) and against accidental loss or destruction of, or damage to, the personal data.

25. The TOI form must be destroyed as soon as reasonably possible following the foundation doctor gaining full registration.

26. Upon request, you should provide a copy of the TOI form to the student.

Guidance on what students should declare

27. This section provides an overview on the types of issues that students should declare in each section of the form. For more detailed guidance, including examples, please refer to the student TOI guidance.

28. Health and Welfare – Students should declare any health condition or disability that could potentially require reasonable adjustments. This included mental and physical health conditions and specific learning difficulties such as dyslexia. They should also declare a past history of a health condition that may reappear during their Foundation training.

29. Educational progress – In this section students should reflect on their practice and note down any activities or procedures that they feel they might require additional support with when they start F1. Although every student who graduates will have been assessed as meeting the outcomes set out in Tomorrow’s Doctors there may be procedures that they have not had a chance to carry out on a patient or in their last clinical placement before graduation. They should also note if they have struggled with a specific assessment method such as OSCEs.
30. Professional Performance – In this section students are asked to include the results of any investigation they have been subjected to that resulted in them being given a written warning or a sanction. As a guide, this includes any investigation beyond the ‘threshold of student fitness to practise’ shown on page 51 of the GMC/MSC publication ‘Medical students: professional values and fitness to practise’. Medical students: professional values and fitness to practise.

31. Students are asked to provide details of the outcome to any investigation made into their professionalism during their time at medical school. By ‘investigation’ we mean an investigation that is known to the student and where its outcome was reported to the student in writing. Students are not expected to declare verbal warnings.

32. As with other sections of the form, medical schools should discuss what should be declared in this section. Because this section will be applied retrospectively and students may not have been aware at the time the decision was made that the information would be transferred, medical schools should give students the chance to discuss any concerns that they have about declaring this information.

33. Where a student does not self-declare a relevant outcome the medical school should add details of the sanction, preferably with consent from the student, before the form is transferred. The school should hold a review meeting with the student to discuss the final version of the form.

34. In future, medical schools should ensure that all outcome letters from fitness to practise or other professionalism investigations include a section informing students that they should share the information contained in the letter with their receiving foundation school.

Information and guidance for foundation schools

35. Working with the medical school and Foundation Programme (FP) applicant, foundation schools should support the transition into foundation training and where appropriate, make reasonable adjustments to a foundation programme.

36. It is essential to identify any information which may indicate that additional support or adjustments are required as early in the process as possible. This may help reduce the risk of doctors encountering difficulties throughout the F1 year.

37. Each foundation school should have a named TOI contact who will co-ordinate and confidentially manage the TOI process (once information has been received at the foundation school). This list can be found on the UKFPO website.

38. The named TOI contact at the foundation school should be pro-active in, and responsible for, ensuring that a TOI form for EVERY incoming F1 doctor is received and submitted in a timely manner (please see timeline).

39. It is NOT necessary for the medical school to withhold the transfer of information until final exam results are known. Foundation schools may need to make adjustments to the FP depending on what is required. In the unfortunate event that the student does not pass final exams or at any point they choose to withdraw from the FP, the foundation school will destroy the TOI form as soon as reasonably possible.

40. Upon receipt of the TOI form, the foundation school named contact should issue the TOI form to the foundation school director (FSD).

41. The foundation school director should review every TOI form and consider trainees who may need adjustments made. The FSD will share information on the form with the Foundation Programme Training Director (FPTDs) when they judge it to be appropriate to facilitate the support of the student. FPTDs in turn need to make a decision whether the information needs to be shared with the educational supervisor (ES) in order to protect patient safety and support the student. In some
instances, for example, blood borne viruses (BBV), the Clinical Supervisor and ES must be made aware to ensure the trainee isn’t asked to carry out any inappropriate procedures. This will depend on the nature of the issue.

42. Relevant information from the form may need to be shared with other colleagues within the foundation faculty and the employing organisation (with consent from the student) in order to ensure that the appropriate support is provided to the trainee.

43. Trainees may request for some of the information in the form to be shared with the CS and the ES to avoid them having to explain their situation multiple times. However, others may prefer to discuss any issues or concerns with their supervisors directly. The approach will be case dependent.

44. The TOI form should not be passed on to the HR department and should not be used to influence any subsequent employment process. However some of the information in the form may need to be shared with appropriate employment services such as HR but this should be done in consultation with, and with the consent of, the student in question separately from the TOI process.

45. ANY INFORMATION DIRECTLY PERTINENT TO PATIENT SAFETY (FITNESS TO PRACTISE ISSUES, BLOOD BORNE VIRUSES, ETC.) WILL BE MANAGED BY DIRECT CONTACT BETWEEN THE MEDICAL STUDENT/Foundation DOCTOR, MEDICAL SCHOOLS, FOUNDATION SCHOOLS AND RELEVANT EMPLOYER/ LEP HUMAN RESOURCES AND OCCUPATIONAL HEALTH DEPARTMENTS AS APPROPRIATE IN COMPLIANCE WITH GMC REQUIREMENTS. Therefore, foundation doctors should be aware that in addition to completing the TOI form they have an obligation to disclose information and discuss any information that is pertinent to patient safety. Local processes and policies must make it clear to the foundation doctor how this information will be managed.

46. Experience has shown that the vast majority of TOI forms will cause no concern. If any information on the TOI form requires action or a discussion, the FSD and/or FTPD/T may ask to meet with the student to discuss and agree an action plan before the start of the Foundation Programme, or arrange a meeting with the foundation doctor usually within the first two weeks of the first placement.

47. At the meeting(s) with the student/ foundation doctor, agreement on who should have access to the information should be part of the discussion.

48. Appropriate provision of additional support is decided on a case by case basis and agreed with the student/ foundation doctor. It should be noted that where there are significant considerations relating to the location and/or delivery of the Foundation Programme, the earlier these are identified to the relevant foundation school(s) the more likely they are to be accommodated. It is for this reason that medical students are encouraged to discuss any relevant issues with their medical school prior to the national foundation application process.

49. In order to address any support required by the foundation doctor, contents of the TOI form should also be discussed with their supervisors at the ‘Initial meeting with the educational supervisor’ and/or the ‘Induction meeting with the clinical supervisor’.

50. The TOI form should be kept by the foundation school and stored in accordance with data protection and local governance requirements for the duration of FP training. Any information provided to the foundation school solely through the TOI form must not be kept beyond the duration of an individual’s Foundation Programme training, and so all TOI forms must be destroyed once an individual has completed the Foundation Programme. Appropriate technical and organisational measures must be taken to prevent unauthorised or unlawful processing of the personal data (as defined in the General Data Protection Regulation and the Data Protection Act 2018) and against accidental loss or destruction of, or damage to, the personal data.
51. Throughout the F1 year, the principles of transfer of information should continue. This encourages a two-way process between the foundation school and medical school to feedback and monitor progress of the doctor throughout F1.

52. Upon request, you should provide a copy of the TOI form to the foundation doctor.
Annexe A

GMC and MSC guidance: Supporting students with mental health conditions, 2013

Paragraphs 111 to 115

111: The transition from medical school to foundation training is crucial for all new doctors. For those who have had mental health conditions, it can be particularly important. Medical schools can provide a supportive environment for students that they might not get in postgraduate training. However, any potential risk to the student can be reduced if the transition is properly planned.

112: Medical schools should encourage students to be very open with their foundation school in their transfer of information (TOI) form. The student does not have to declare specific details about their condition on the form, but they should give the foundation school a realistic view of the support they will need. If a student does declare a mental health condition as part of the TOI process, then they should be made aware that only authorised foundation school staff members and the HR department of their employer will be able to access this information.

113: Medical schools should meet with students who have a mental health condition that could affect the location or delivery of the Foundation Programme. In this meeting, the medical school should:

- discuss the student’s needs
- support the student to complete their TOI form.

114: If a student’s needs could affect a decision about the location of their Foundation Programme, the medical school should also give advice on applying through the special circumstances process. Forms and guidance for the TOI and the special circumstances processes are reviewed every year and are available at: www.foundationprogramme.nhs.uk.

115: Completing the TOI form will help make sure doctors get the support they need – for example, foundation doctors with a disability will be given placements where the adjustments they need can be made. It is very important that you provide notice of any adjustments you may require so your trust and foundation school can work together to ensure that your transition to the work place is as smooth as possible.