



## **#CPRinSchools: Information for Trainees & Medical Education Managers**

### **About #CPRinSchools**

#CPRinSchools is a national initiative for trainee healthcare professionals (usually newly qualified doctors) to teach cardiopulmonary resuscitation to children in schools.

The initiative was founded by Dr Marina Soltan as an Academic Foundation Trainee with the support of senior medical education staff from Health Education England (West Midlands): Dr Edward Briggs (Director of Medical Education, University Hospitals of Derby and Burton), Lara Raworth (Medical Education Manager, University Hospitals of Derby and Burton) and has been developed by Dr Soltan with support from Dr Anthony Choules (Foundation School Director and Chair of AoMRC Foundation Programme Committee) and Clare van Hamel (FSD and Advisor to the UKFPO).

Basic Life Support skills are essential and save lives. #CPRinSchools has gained significant support nationally from both senior and junior doctors including the UKFPO (the body responsible for the training of newly qualified doctors), GMC and Royal Colleges. The initiative was awarded 1<sup>st</sup> prize at the UKFPO National Presentation day 2018 and was acknowledged by the Prime Minister who invited Dr Soltan at the NHS70 reception at Downing Street. The UK Government and Education Secretary are committed to providing first aid teaching to children in schools.

Dr Soltan and colleagues have delivered CPR training to over 1000 school children and the initiative has gained press coverage and significant support on social media (@marinasoltan\_).

#CPRinSchools is managed by a national advisory group at the UKFPO comprised of key stakeholders which is chaired by Dr Marina Soltan and supported academically by Birmingham University.

### **Aims**

The key aims of the project are:

- 1) To empower future generations with vital first aid and Basic Life Support skills.
- 2) To provide opportunities for healthcare trainees to expand their skills and confidence in teaching and leadership by giving them opportunities to organise and teach CPR in schools
- 3) To encourage closer working between local healthcare providers and schools
- 4) To develop outcomes and metrics for measuring success and output of the initiative.

## **Information for trainees: How you can get involved as a trainee**

The most important thing you need is enthusiasm. Resources are provided free of charge and are explained below.

**1)** If **you** are interested please speak to your Medical Education centre manager to register your interest. Your medical education manager can liaise with the trust comms team to contact local schools using the information for schools attached. Check whether the school has the free BHF mannequins. If they do then great. If not, they can apply for them as per the information for schools or you can take a portable mannequin but this would mean that the session would be run as a demo rather than the students having a go on their own mini-mannequins in the session

**2)** You will also need to allocate some time to do the teaching and obtain the necessary approval for leave/time away from your usual working environment.

**3)** Deliver the teaching using the attached powerpoint presentation

Familiarise yourself with the PowerPoint which we ask you to use to run the session. You will note that the PowerPoint provides a QR code towards the beginning and end of the slides. This is used for students to access a pre and post course questionnaire. It is essential that students fill this in and do not provide their name but their unique IT log in username (not password!). This is essential to allow pre and post session comparison. This information is collated centrally and can be shared with you after you complete the session. Space is provided on the first slide for you to include your name. We ask that you do not modify the PowerPoint otherwise without permission from the Advisory Group. If you have any queries please contact [cprinschoolsmatters@gmail.com](mailto:cprinschoolsmatters@gmail.com).

**4)** Contact [cprinschoolsmatters@gmail.com](mailto:cprinschoolsmatters@gmail.com) to say you have done the teaching using the format below:

**Foundation School** \_\_\_\_\_

**Your name** \_\_\_\_\_

**Your email address** \_\_\_\_\_

**Your mobile number (optional)** \_\_\_\_\_

**School at which you delivered #CPRinSchools session**\_\_\_\_\_

**Date of visit** \_\_\_\_\_

**Number of children taught** \_\_\_\_\_

**School year group(s) taught** \_\_\_\_\_

**Would the school be interested in another #CPRinSchools session?** \_\_\_\_\_

**We will then send you a link to a questionnaire to fill in following which you can get a certificate**

5) Remember to ask your medical education manager to add your teaching to the record of the schools visited, date etc (spreadsheet attached) and send this to [cprinschoolsmatters@gmail.com](mailto:cprinschoolsmatters@gmail.com) towards the end of every foundation rotation.

Top tip: It is usually helpful if you provide your Medical Education Manager and media communications team with your available dates and times. As an FY2 you can use study leave entitlement to undertake this work. As an FY1, you can apply to undertake this work as professional leave at the discretion of your educational supervisor and Director of Medical Education.

### **Information for Medical Education Managers**

Medical Education Managers are usually a key part of #CPRinSchools although there may be someone more appropriate in your Trust. We would be grateful if you could please support trainees to undertake CPR teaching in schools for their personal and professional development.

Please could you promote this work, disseminate information to trainees and liaise with the trust media communications team to identify local schools who might want CPR teaching for their pupils and identify dates and times where trainees can undertake their teaching and facilitate leave requests where it is possible and feasible to do so.

There is an attached spreadsheet to help you keep a track of information on which schools are interested in Basic Life Support teaching in your local area, which schools trainees have visited and the nature of these visits (how many students were taught, what year group, date of teaching etc..). We ask that you send this to [cprinschoolsmatters@gmail.com](mailto:cprinschoolsmatters@gmail.com) at the end of every foundation rotation (4 monthly).

If you wish to send information to schools you can send the accompanying information to schools.